

Ashley Rose Marcum

DISTRACTIONS —————> CLARITY

"Distraction doesn't just interrupt your day — it interrupts your destiny."

Ashley's MOMENTUM framework empowers audiences to pause, reflect, and refocus on the road ahead. With authenticity and heart, she helps others trade distraction for direction — cultivating courage and clarity in their journeys toward hope and purpose.



AWARD
WINNING
AUTHOR

7
MOTIVATIONAL
BOOKS

PEN NAME:
A SHY ROSE

CHRISTLIT BOOK
AWARD RECIPIENT

HOLISTIC DEVELOPMENT
& RESILIENCE COACH

MOMENTUM FRAMEWORK

F.O.C.U.S.

Take Courage — Distraction to Clarity

- Find Your Goal
- Organize Your Path
- Cultivate Habits and Time
- Unclutter Your Mind and Soul
- Step into Dreaming Boldly, Living Bravely

COACHING APPROACH

Holistic Development & Resilience Coaching

MIND

Mental growth & resilience — neurodiversity, dyslexia, self-help, education

BODY

Strength and stamina — dance, fitness, health, embodied confidence

SPIRIT

Faith, healing, empowerment, purpose

Ashley is a dynamic speaker. She delivers with clarity and conviction. When Ashley speaks she understands how to serve her audience. What stands out is how genuine and confident she is from her presentation. I highly recommend Ashley Rose Marcum.

JESSE CRUZ

Leadership & Culture Expert · International Speaker · Speaking Coach · 4x Bestselling Author · Military Veteran

Ashley speaks to universal truths about the human condition in a positive, simple, and accessible manner. Everyone can relate to her message in their own life, which is the first step to positive change.

DR. LEAH WASBURN-MOSES

Ph.D. Professor, Educational Psychology · Miami University

Take Courage

FOCUS TO MOMENTUM

WE LIVE IN THE MOST DISTRACTED ERA IN HUMAN HISTORY.
LET'S MOVE FROM DISTRACTIONS TO CLARITY — TOGETHER.